



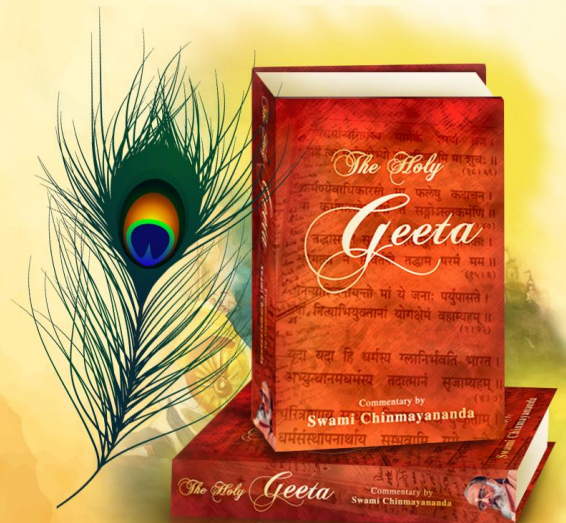
The Essence Of The Bhagawad Geeta

Commentary by H. H. Swami Chinmayananda

Direct Guidance For Your Questions Or Problems

CLICK BELOW

1. WHO IS GOD?
2. WHAT IS GOD'S NATURE?
3. WHAT IS GOD'S FUNCTION?
4. WHAT ARE GOD'S MANIFESTATIONS?
5. WHERE IS GOD?
6. WHAT IS OM?
7. HOW DOES CONFUSION AFFECT US?
8. WHAT DOES DELUSION DO TO US?
9. HOW DOES DESIRE DESTROY US?
10. HOW DO PASSIONS BIND US?
11. HOW DO WE CONTROL OUR PASSIONS?
12. HOW DO WE CONTROL ANGER?
13. HOW DO WE CONSOLE THE BEREAVED?
14. HOW DO WE HELP THE DISILLUSIONED?
15. HOW DO WE HELP THE DISAPPOINTED?
16. HOW DO WE HELP THOSE HAVE MORALLY SLIPPED?
17. HOW DO WE HELP THOSE HAVE SPIRITUALLY FALLEN?
18. GUIDANCE TO POLITICIANS
19. GUIDANCE TO BUSINESSMEN
20. GUIDANCE TO TEENAGERS
21. GRAND VISION OF UNIVERSE
22. RIGHT ACTION
23. INCREASING EFFICIENCY
24. INNER PEACE
25. CONCENTRATION
26. USEFULNESS TO OTHERS
27. JOY TO ONESELF
28. OBJECT OF MEDITATION



29. PREPARATION FOR MEDITATION
30. REWARD OF MEDITATION
31. MIND IN MEDITATION
32. DAILY LIFE AND MEDITATION
33. WAY TO MEDITATION
34. PERFECT PERSON
35. SPIRITUALLY EVOLVED PERSON
36. SIGNS OF SPIRITUAL GROWTH
37. SIGNS OF SPIRITUAL FALL
38. SPIRITUAL STAGNATION
39. NATURE OF MATTER
40. NATURE OF SPIRIT
41. APPROACHES TO MEDITATION
42. RELATION WITH GOD
43. WAY TO REACH THE DIVINE GOAL
44. GLORY OF THE GEETA
45. DEVOTION
46. SURRENDER
47. SERVICE
48. WISDOM
49. SELF-CONTROL
50. RIGHT FOOD
51. RIGHT SPEECH

